



February 9, 2025

DIVERSITY STATEMENT

Because of recent changes in government, I am writing a specific Diversity Statement for The Wholeness Institute. In the past I have written in support of all clients' choice of faith regardless of my faith, practice, and belief. I still support this, although at times my writing will write from my perspective. Please translate that into your belief perspective.

I have also written in support of women's rights - and fought for them earlier in my life; in addition to children's rights; teen rights; and men's rights; and I still support all of them. Regardless of gender, color, sexual choice, or identity. We are all people. And we all have the right to respect, honor, and support. And I will offer that respect, honor, and support. Both from an ethical perspective and a personal belief standpoint.

I have written about cultural diversity. I come from a family background of immigrants of a different minority in the early 1900's: Polish, Irish, and Scottish, and we started with nothing. Today, my extended family includes Hispanic, Black, and others. And further, I am including in my diversity statement sexual and gender diversity. I welcome all as you are and as you choose to share. My mother taught me love for others and acceptance and my faith taught me that, and it is how I choose to live. As Bishop Budde recently called us to have great mercy for those afraid; Mother Theresa called us to: "do small things with great love", and St. Terese Lisieux said "do all that you do with love", and "God's mercy and grace are new every morning" (Lamentations 3:23). If you have a different belief system, look within it for acceptance or kindness. Or lack of judgment. We don't need to agree with everyone. Judgment is yours alone to make on yourself, that, and your Higher Power. That is not mine to make. And all are welcome in this practice both ethically and from a place of mercy and welcome.

I have also written about our National Days in support of our military, and I have supported our military and veterans through Give an Hour. I will continue to do so on Facebook and other social media as long as they continue to support the constitution of the USA as it has been written. It is the duty of the military to support the constitution. And I will forever be grateful for every military person who has stood up for the USA. They are welcome here and through Give an Hour referrals here.

Although all are welcome here, we do make referrals out when we do not feel there is a good match for clinical reasons. This could be due to the reasons you are seeking care for which I do not have adequate training, the number of clients already being seen in the practice, and other ethical reasons. But you will not be referred out for the above reasons. Please be

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assured we will try to refer you to other therapists who might be able to assist you if we cannot. Not every therapist is a good match. So please also feel free to refer yourself out or let us know if you do not feel it is a good fit for you. We know this happens and want you to have the best setting for your healing process. Just because you are welcome here, if either of us believes it is not the best match, the best time, or the best care for you, then we want to get you to a better match. So, please feel free to discuss this with me.

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